

# NEWINGTON PARKS AND RECREATION

*"Creating Community through People, Parks & Programs"*

## SPRING 2015



Touch-a-Truck will be held  
Saturday, June 13th

**Youth, Adult & Senior Programs \* Preschool \* Special Events \* Fitness Classes**



**Girls in Stride**



**Fishing Derby**



**Churchill Park Picnic Reservations**



**Preschool**

## RESIDENTS: Registration Begins March 6th\*

*\*Register Now for Bus Trips - No need to wait!*

## NON-RESIDENTS: Registration Begins March 20th



# Newington Parks & Recreation Registration Form

131 Cedar St. Newington, CT 06111 Phone: 860-665-8666 Fax: 860-665-8739

www.NewingtonCT.gov

## PRIMARY HOUSEHOLD CONTACT INFORMATION

First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_ Apt./Box # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

[ ] Check if new address Home Phone (\_\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_\_) \_\_\_\_\_ Email Address \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

If there are any medical concerns, allergies or special needs that we should be aware of, please list here: \_\_\_\_\_

\_\_\_\_\_ Supplemental medical forms are available online or in our office.

## PROGRAM INFORMATION

*One registration form can be used for more than one person in the same household.*

First and Last Name	M/F	DOB	Program ID #	Program Name	Fee	Alternate ID#

## PLEASE READ CAREFULLY AND SIGN BELOW

Assumption of Liability: Participation in the activity may involve risk or injury. As a parent, guardian, or participant, I am aware of these hazards and my ability to participate. I hereby agree to release, discharge and hold harmless the Town of Newington, its employees, contracted instructors, and volunteers from the liabilities which may occur while participating in the activity. I understand that participation in any recreational or sport activity involves risk. I further understand that the Town of Newington does not provide accident/medical insurance for the program participants. In addition, I give permission for the participant to be treated by qualified medical personnel in the event that the above named parent/guardian/emergency contact cannot be reached at the phone numbers provided. The Parks and Recreation Department reserves the right to photograph program participants for publicity purposes. Please be aware that these photos are for Parks and Recreation use only and may be used in future catalogs, website, social media, brochures, pamphlets, and/or flyers.

ADULT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**Please note that there is a \$10 minimum for all credit card transactions.**

**TOTAL FEES: \$** \_\_\_\_\_

**“ROUND UP” For Youth Recreation** *Rounding up your program fee helps provide financial assistance for those unable to afford the program fees for youth activities.*



**+** \_\_\_\_\_

Circle Method of Payment: Cash Check Credit Card Debit **TOTAL AMOUNT: \$** \_\_\_\_\_

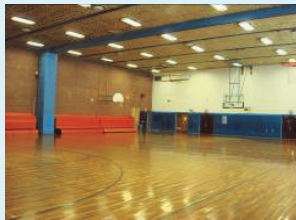
**CREDIT CARD #:** \_\_\_\_\_ **Security Code** \_\_\_\_\_ **EXP. DATE** \_\_\_\_\_ / \_\_\_\_\_

(Found on back of card)

Circle type of card: VISA MASTERCARD DISCOVER



# Facility Reservations



## Mortensen Community Center Gym Rentals

The gymnasium can be rented during the fall, winter and spring seasons; however, rental availability is limited due to programming needs. More information regarding gym rentals can be found on page 15.



## Teen Center Facility Rentals

The Teen Center is a great place for a birthday party or team get-togethers for less than 30 guests. More information regarding renting the Teen Center can be found on page 13.



## Community Gardens

The Community Gardens are located next to the Young Farm property at 282 Church Street. Plot sizes are 20 x 20 feet, and will be roto-tilled and marked. Community Gardens are open to Newington residents only. Please visit our website at [www.NewingtonCT.gov/parksandrec](http://www.NewingtonCT.gov/parksandrec) for rules and regulations governing the gardens. The date of planting will be dependent on soil and weather conditions, but is anticipated to be mid-spring. Water will be available; please bring your own containers. The fee for each garden plot is \$25.00. Registration is held at the Parks & Recreation Office in Town Hall.

*Returning gardeners may reserve their plot any time on or before Wednesday, March 25, 2015. Registration for new gardeners begins Thursday, March 26, 2015 (upon availability).*

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## FREQUENTLY REQUESTED CONTACT INFORMATION

Basketball - Travel	(860) 997-3391
Basketball - Youth (Parks & Rec)	(860) 665-8666
Blackhawks Wrestling	(860) 916-9004
Board of Education	(860) 667-2000
Cheerleading - Youth	(860) 987-8540
Football - Youth	(860) 841-9673
Human Services Department	(860) 665-8590
Indian Hill Country Club	(860) 666-5447
Lacrosse - Youth	(860) 930-1990
Lucy Robbins Welles Library	(860) 665-8700
Newington Arena	(860) 665-7825
Newington High School	(860) 666-5611
Newington Historical Society	(860) 666-7118
Newington Little League	(860) 667-2647
Newington Swim Club	<a href="http://www.NewingtonSwimming.com">www.NewingtonSwimming.com</a>
Parks & Grounds Dept	(860) 667-5830
Parks & Recreation Dept	(860) 665-8666
Parks & Recreation Hotline	(860) 665-8686
Senior & Disabled Center	(860) 665-8778
Soccer Club of Newington	(860) 462-8012
Special Olympics Newington	(860) 665-8773

## Churchill Park Picnic Reservations

The Newington Parks & Recreation Department has reserved areas at Churchill Park available for rental. Reservations for summer bookings will begin **Wednesday, March 4th, 2015** at the Parks & Recreation office. Picnic reservations are limited to Newington residents, families, organizations and businesses on a first come, first served basis. Please note that we are unable to issue refunds once a picnic area is reserved. The reservation form to reserve picnic areas is available online at [www.newingtonct.gov/parksandrec](http://www.newingtonct.gov/parksandrec). Sports equipment will also be available to reserve; please see the reservation form for details.



### UPPER SITE \$35/day

Open space that can accommodate 40 people and includes tables and a grill.



### LOWER PAVILION \$60/day

Covered shelter that accommodates 60 people and includes electricity, tables and a grill.



### MIDDLE PAVILION \$90/day

Large covered shelter that can accommodate 150 people and includes electricity, tables and a grill.

# Community Events...



## Family Fishing Derby

**Saturday, April 25th, 9:00 a.m.—12:00 noon at Mill Pond Park Pond**

The Family Fishing Derby is open to boys and girls ages 3 through 15 years old. The event will be held from 9:00 a.m. - 12:00 noon and is sponsored by Newington Parks & Recreation and Trout Unlimited. Bring your whole family to participate in this wonderful springtime event. All children must be accompanied by a parent or guardian. In case of inclement weather, please call our program hotline at 860-665-8686. You must provide your own fishing equipment. This event is FREE!



## 17th Annual Golf Tournament

**Monday, May 11th, begins at 12:30 p.m. at Indian Hill Country Club (Rain Date: Monday, May 18th)**

Join the Newington Parks & Recreation Department's 17th Annual Golf Tournament at Indian Hill Country Club. The "Shotgun" format tournament is open to all ability levels. All proceeds support recreation programs in the Town of Newington. The registration fee is \$125 per person and includes the greens fees, cart, lunch, dinner and prizes! Please call the Parks and Recreation office at 860-665-8666 if you are interested in making a donation, becoming a sponsor, or playing in the tournament.



## Touch-a-Truck

**Saturday, June 13th, 10:00 a.m. -12:00 noon in Library/Town Hall Parking Lots**

Held in conjunction with the Lucy Robbins Welles Library Kickoff to Summer Reading, this is an event for the whole family! This is a hands-on event where kids young and old can touch, honk horns and climb on the vehicles we will have on display. Vehicles on display may include a Back Hoe, Fire Truck, Pay Loader, Dump Truck, Deck Mower, Police Cruiser, Medical Ambulance and more! No registration is required. This event is FREE!



## 34th Annual Extravaganza - Saturday, July 18th, Mill Pond Park

Enjoy food, games, rides, arts & crafts vendors, entertainment and a spectacular fireworks display over Mill Pond.

## Save These Dates!

### Newington Parks & Recreation Department's Summer 2015 Camps

- Skyhawks Tiny-Hawk July 6 - 9, August 10 - 14
- Skyhawks Mini-Hawk July 6 - 9, August 10 - 14
- Skyhawks Flag Football June 29 - July 2
- Skyhawks Volleyball July 20 - 23
- Skyhawks Lacrosse July 27 - 30
- Skyhawks Track & Field August 3 - 6
- Skyhawks Multi-Sport August 10 - 14
- Skyhawks Basketball (grades K-2) August 17 - 21
- Play-Well Jedi Engineering August 17 - 21

*More camps are being finalized soon... details to follow in our Summer 2015 Program Guide!!!*



Somewhere in this program guide is an April Fools Program! The first resident to call the Parks and Recreation office and correctly identify the program will receive \$25 off any program fee!

## Start Planning for the Summer!

**The Parks & Recreation Summer Playground & Playground Pals scheduled program dates are June 22 - August 7, 2015.\***

*\*Dates may change depending on school schedule.*

The **Playground Pals** program is open to children ages 5 & 6 who will be entering Kindergarten or 1st Grade in the Fall and reside in Newington or attend Newington schools.

The **Summer Playground** program is open to children who are Newington residents or attend Newington schools and are currently in grades 1-7.



**Summer Playground/Playground Pals program information will be distributed in all Newington schools in late April.**

**Experience the fun!**





# Bus Trips / Family Fishing Class...



## Statue of Liberty and Ellis Island *Saturday, April 4, 2015*

**Register Today!**

"The Statue of Liberty Enlightening the World" was a gift of friendship from the people of France to the United States and is recognized as a universal symbol of freedom and democracy. The Ellis Island Immigration Museum is one of the country's most popular historic sites, telling the moving tales of 12 million immigrants who entered America through the golden door of Ellis Island. You'll also enjoy leisure time at Times Square, known as "The Crossroads of the World".

Fee: \$82 per person for adults / \$74 per person for children 17 & under

ID: 10150

### Bus trip includes:

- Round trip motorcoach transportation.
- Round trip Statue Cruises and audio tours for both Liberty Island and Ellis Island.
- Leisure time at Times Square.
- Bus departs at **approximately 8:30 a.m. (Specific location to be determined)**. Departs New York City at approximately 6:00 p.m.



## Opening Day at Fenway *Monday, April 13, 2015*

**Register Today!**

Celebrate Opening Day as the Boston Red Sox take on the Washington Nationals at historic Fenway Park, known as "America's Most Beloved Ballpark". You won't have to worry about traffic or parking - just sit back and enjoy the ride into and out of Boston.

Fee: \$174 per person

ID: 10151

### Bus trip includes:

- Round trip motorcoach transportation. (Please note alcohol is not permitted on the bus at any time)
- Game ticket - grandstand seating. Game starts at 3:05 p.m. Tickets will be distributed on game day.
- Bus departs at **approximately 10:30 a.m. (Specific location to be determined)**. Departs Boston 30 minutes after game ends.

## BUS TRIP GUIDELINES

- An adult must accompany anyone under the age of 18.
- Rest stops to/from the destination are at the discretion of the Tour Director.
- We typically use a 50-passenger coach bus. All seats sold are on a first-come, first-served basis. There are no reserved seats. Those who travel alone must share the seat beside them. Some trips will be "shared" with other towns or businesses. Seats on these shared buses are limited, so register early!
- Detailed trip itineraries will be mailed to each registered participant a few days before the trip.
- We are not responsible for your return trip if you miss the bus!
- Bus departure location details will be stated in your trip itinerary - most trips will depart from the New Britain Commuter Lot. Please look over the trip itinerary carefully - occasionally the departure times may change slightly from what is listed in this Program Guide.
- Absolutely no refunds for trips will be given unless the registrant can find their own replacement, if we have a waiting list, or if the Parks and Recreation Department cancels the trip.

**If you do not receive your trip itinerary at least three days before your trip, please call our office at 860-665-8666.**



## Family Fishing Class (ages 7 - adult)

Connecticut Department of Environmental Protection, Fisheries Division, is sponsoring this fishing class for the whole family! Families and individuals ages 7 and up are encouraged to attend this fun, **FREE** class, taught by a state-certified volunteer instructor through the Connecticut Aquatic Resources Education (C.A.R.E.) Program. Program includes one Thursday night classroom session and a Saturday morning field trip to Mill Pond. All fishing equipment and course materials are provided. **Pre-registration is required.**

Instructor: C.A.R.E. certified instructor

Location: Thursday class: Mortensen Community Center Arts & Crafts room / Saturday field trip: Mill Pond

Dates: Thursday, May 14th, 6:30 - 8:30 p.m. (class session)

Saturday, May 16th, 8 am - 12 noon (field trip)

Fee: **FREE**

ID: **10286**



## Recreational Swimming at Newington High School

The Newington High School Pool will open for indoor recreational swimming from late September through May. Recreational swimming is supervised by certified Red Cross lifeguards. Newington residents may pay a daily admission fee at the pool, use a Summer 2014 pool pass for the 2014-2015 indoor season, or may purchase pool passes for the indoor season at the Parks and Recreation office. Proof of residency must be shown. The fee for a household pass is \$30 and includes up to six people who permanently reside in the same Newington household. For households with more than six people, the additional fee for each person is \$5. Passes for resident individuals are \$25. Daily admission rates are listed below. Newington's aquatic facilities are open to residents, and residents may bring non-residents as their guests. Non-residents may only participate in recreational swimming as the guest of a Newington resident, and must pay the daily rate, unless participating in the tri-town swimming program (see below). Children under 13 must be accompanied by an adult.

**Time:** 7:00 PM - 8:45 PM  
**Dates:** Mondays, Wednesdays & Fridays, Sept. 29, 2014 - May 29, 2015 *The pool is unavailable on all holidays and dates that the high school is closed, when school is cancelled due to inclement weather, and occasionally due to NHS swim meets. Signs will be posted at the pool with as much advance notice as possible. Call 860-665-8666 for information regarding school vacation swim times.*  
**Fee:** **Pool Pass:** Individual: \$25 / Household: \$30 (Pool passes may only be purchased at the Parks and Recreation office)  
**Daily Admission Rate:** \$3.00 for adults, \$2.00 for children under 18, \$2.00 for seniors (62+)

## Tri-Town Swimming

The Newington, Rocky Hill, and Wethersfield Parks and Recreation Departments are offering a chance for residents of all three towns to utilize their indoor pools. If you purchase a season and/or yearly pool pass (household or individual) from one town, you can use it in all three towns. All you have to do is present your pass. Tri-town swimming is only available for season pass holders.

**Newington High School Indoor Pool** 605 Willard Avenue, Newington  
 Open Mon., Wed., and Fri.: 7:00 - 8:45 PM  
 Office Number - 860-665-8666 / Hotline - 860-665-8686

**Rocky Hill High School Indoor Pool** 50 Chaplin Avenue, Rocky Hill  
 Office - 860-258-7429 / Information Line - 860-258-2772

**Wethersfield High School Indoor Pool** 411 Wolcott Hill Rd, Wethersfield  
 Office/Information - 860-721-2890

For more information on pool hours in Rocky Hill and Wethersfield, please contact their Parks and Recreation offices directly.

## Swim Lesson Level Descriptions (revised Sept. 2014)

The Newington Parks and Recreation Department is proud to be an authorized provider of the American Red Cross Learn-To-Swim Program for Levels 1-6. Proper swim lesson level placement is critical for your child's success in swim lessons, as well as ensuring that the experience is enjoyable and safe. If your child has taken swim lessons with us before, please select the level recommended by their instructor. Please note that children must be at least 6 years of age to register for Levels 1 and up. **\*Note: The skills below are required to pass the level listed.** If your child can complete the skills listed, please register him/her for the next level.

**Level 1 - (MUST BE AT LEAST 6 YEARS OLD)** Enter and exit the water unassisted, open eyes underwater, bobbing, combined arm/leg action on front and back, front/back glides (two body lengths) and unsupported back float (5 seconds).

**Level 2** - Jump from the deck into shoulder deep water, front float (10 seconds), back float (15 seconds), tread water (15 seconds), submerge completely and hold breath for 10 seconds, swim using leg and arm stroke (5 body lengths).

**Level 3** - Jump into deep water, begin diving, tread water (1 minute), front crawl (15 yards), elementary backstroke (15 yards), survival float (30 seconds) and rotary breathing (15 times).

**Level 4** - Standing dives, swim underwater (3-5 body lengths), tread water (2 minutes), front crawl and elementary backstroke (25 yards each), breaststroke, butterfly, and back crawl (15 yards each).

**Level 5** - Shallow water dives, tuck and pike surface dives, front flip turns, front crawl and elementary backstroke (50 yards each), breaststroke, butterfly, and back crawl (25 yards each).

**Level 6** - Fitness Swimmer: front crawl and elementary backstroke (100 yards each), breaststroke, butterfly, and back crawl (50 yards each), competitive turns, surface dives, object retrieval.

**For a more detailed list of the level descriptions, please visit**

**[www.newingtonct.gov/parksandrec](http://www.newingtonct.gov/parksandrec)**



## Adult Swim Lessons Ages 18 and up

Our adult swim lessons provide a wonderful opportunity for adults to learn how to swim in an age-appropriate and comfortable environment. Please note that there are no refunds given for missed or cancelled lessons. If lessons are cancelled, we will attempt to schedule a make-up class. If a make-up class cannot be scheduled, we will issue vouchers. Lessons are taught in groups of no more than 4 participants per instructor. Swim lessons are available for Newington residents only.

**Location:** Newington High School Indoor Pool **Fee: \$65 (4 classes)**

ID:	Class	Time	Dates
10174	<b>Beginner</b>	7-7:30 p.m.	Wednesdays, March 18 - April 8 (4 classes)
<i>The Beginner class is for adults with minimal or no swimming experience, teaches water safety and confidence in the water by introducing floating (assisted and unassisted), submerging, breath-holding and independent movement in the water.</i>			
10175	<b>Advanced Beginner</b>	7-7:30 p.m.	Wednesdays, April 22 - May 13 (4 classes)
<i>The Advanced Beginner class is designed for adults who are already comfortable in the water but have minimal swimming experience. Students will begin with unassisted floating and move into basic stroke mechanics, utilizing the deeper water.</i>			



***Please note: The NHS Pool is kept cooler for lap swimming and aquatic sports.***

## Preschool & Parent

*Ages 3-5 with parent*

These lessons are the perfect opportunity for 3-5 year olds to get acquainted with being in the water. A parent is required to be in the water at all times with their child and should be comfortable in the water. There are no vouchers or refunds given for missed or cancelled swim lessons. We will attempt to schedule a make-up class when lessons are cancelled. Children must be three years old when the program begins. Swim lessons are available for Newington residents only.

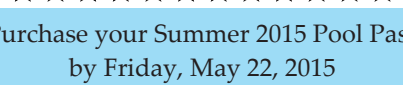
*Location: Newington High School Indoor Pool*

**Fee:** \$15 (4 classes)

ID:	Time	Dates
<b>10176</b>	5:30-6:00 PM	Mondays, March 16 - April 6
<b>10177</b>	5:30-6:00 PM	Mondays, April 20 - May 11
<b>10178</b>	5:30-6:00 PM	Wednesdays, March 18 - April 8
<b>10179</b>	5:30-6:00 PM	Wednesdays, April 22 - May 13

## Summer Pool Passes

Summer 2015 Pool Passes will be available beginning April 1, 2015 at the Parks and Recreation office. Proof of residency is required. Summer pool passes permit entrance to the outdoor pools at Churchill Park and Mill Pond Park during the summer and are also valid for use at the Newington High School pool for the 2015-2016 indoor season.



Purchase your Summer 2015 Pool Pass  
by Friday, May 22, 2015  
and save \$5 on an individual pass  
or \$10 on a household pass!

More information about our Summer Pool Passes and Aquatics Programs will be in our Summer Program Guide, which will be available at the end of April.

## Group Swim Lessons *Ages 6 - 17*

Our group swim lessons are taught by Red Cross certified lifeguards and are held at the Newington High School indoor pool. There are no vouchers or refunds given for missed/cancelled swim lessons. We will attempt to schedule a make-up class when lessons are cancelled. Please see level descriptions on page 6 as a guide to register your child. Swim lessons are available for Newington residents only.

*Location: Newington High School Indoor Pool*

**Fee: \$30 (8 classes)**

Mondays, March 16 - May 11 (8 classes, no class 4/13)			Wednesdays, March 18 - May 13 (8 classes, no class 4/15)		
	5:30 - 6:00 PM	6:00 - 6:30 PM		5:30 - 6:00 PM	6:00 - 6:30 PM
Level 1	(not offered)	ID: <b>10184</b>	Level 1	(not offered)	ID: <b>10193</b>
Level 2	ID: <b>10180</b>	ID: <b>10185</b>	Level 2	ID: <b>10189</b>	ID: <b>10194</b>
Level 3	ID: <b>10181</b>	ID: <b>10186</b>	Level 3	ID: <b>10190</b>	ID: <b>10195</b>
Level 4	ID: <b>10182</b>	ID: <b>10187</b>	Level 4	ID: <b>10191</b>	ID: <b>10196</b>
Level 5/6	ID: <b>10183</b>	ID: <b>10188</b>	Level 5/6	ID: <b>10192</b>	ID: <b>10197</b>

### Semi-Private Swim Lessons *Ages 6 - 17*

Our semi-private swim lessons are a great opportunity to get individualized attention when learning how to swim. The limit is 2 participants per instructor. Please note that there are no refunds given for missed or cancelled lessons. If lessons are cancelled, we will attempt to schedule a make-up class. If a make-up class cannot be scheduled, we will issue vouchers. Please see level descriptions on page 6 as a guide to register your child. Swim lessons are available for Newington residents only.

*Location: Newington High School Indoor Pool*

**Fee: \$65 (4 classes)**

<u>Session 1 - MONDAYS</u> March 16 - April 6		<u>Session 2 - WEDNESDAYS</u> March 18 - April 8	
6:30 - 7:00 PM		6:30 - 7:00 PM	
Level 1	ID: <b>10198</b>	Level 1	ID: <b>10208</b>
Level 2	ID: <b>10199</b>	Level 2	ID: <b>10209</b>
Level 3	ID: <b>10200</b>	Level 3	ID: <b>10210</b>
Level 4	ID: <b>10201</b>	Level 4	ID: <b>10211</b>
Level 5/6	ID: <b>10202</b>	Level 5/6	ID: <b>10212</b>
<u>Session 2 - MONDAYS</u> April 20 - May 11		<u>Session 2 - WEDNESDAYS</u> April 22 - May 13	
6:30 - 7:00 PM		6:30 - 7:00 PM	
Level 1	ID: <b>10203</b>	Level 1	ID: <b>10213</b>
Level 2	ID: <b>10204</b>	Level 2	ID: <b>10214</b>
Level 3	ID: <b>10205</b>	Level 3	ID: <b>10215</b>
Level 4	ID: <b>10206</b>	Level 4	ID: <b>10216</b>
Level 5/6	ID: <b>10207</b>	Level 5/6	ID: <b>10217</b>

# Creative Playtime Preschool Program



## Creative Playtime Preschool Program *located at 1075 Main Street, Lower Level*

Creative Playtime Preschool Program is open to children ages 3-5. Morning, Afternoon or Full-Day Programs are available. Our preschool program is fully licensed through the State of Connecticut.

### Why Choose Creative Playtime Preschool Program?



- We are licensed by the State of Connecticut, meaning we follow the highest standards of education and safety.
- Our mature and professional staff complete annual Continuing Education Units or CEU's to ensure that we are knowledgeable about the latest trends and techniques in the preschool field.
- Hundreds of children have graduated from our program since we attained State licensure in 2007.
- Our flexible program allows you to choose a schedule that suits your needs - choose morning, afternoon or full day programs - for one day per week or all five!
- Our classroom is a beautiful, large space with multiple activity areas which will offer your child an engaging and inspiring place to learn and play.
- We offer Flex Days, to provide extra care for your child when you need it!

### Information About Our Program

The Newington Parks & Recreation Department's Creative Playtime Preschool Program is a play-based, child-centered preschool designed to be a wonderful and enriching introduction to the classroom environment. Our goal is to create a safe environment in which children engage in activities that are hands-on, open-ended, multisensory and meaningful to them. Play is the key that opens the door to creative thinking and learning!

Daily activities include "hands on" play centers for fine and gross motor activities such as school skills, paper, crayon and pencil work and play dough play. Multi-sensory art and music experiences, coupled with imaginative dramatic play centers such as dolls, blocks, and puppets offer creative and imaginative outlets for your child. We provide opportunities for daily living and social skills such as snack time and self-help work that will empower your child to be independent in preparation for kindergarten. Daily outdoor play time combines fine and gross motor skills, healthy habits and basic introductions to nutrition and fitness. This program is licensed through the State of Connecticut, and our staff is fully certified and trained in CPR & First Aid. We have beautiful classroom facilities and a fenced-in outdoor space dedicated solely to the preschool program located at 1075 Main Street in the Lower Level.

Staff: Marilyn Janelle, Preschool Director/Head Teacher  
Loralyn Callahan, Preschool Assistant Director/Head Teacher  
Diane Teevan, Head Teacher  
Janet Arnold, Assistant Teacher  
Maggie Bazzano, Assistant Teacher  
Christine Gomes, Assistant Teacher

### 2015-2016 Registration & Program Information

- We are now accepting registration for the 2015-2016 school year.
- A **non-refundable deposit** is required at the time of registration.
- A payment plan is available for the 2015-2016 school year. If you choose the payment plan option, the remaining balance will be due in three equal installments on July 21, 2015, October 21, 2015 and January 21, 2016.
- If you choose to pay in full, balance of payment is required in full by July 21, 2015.
- Open to children ages 3-5. All children must turn 3 years old by December 31, 2015. Children who will not be 3 years old until after December 31, 2015 are welcome to register and begin attending our program after their 3rd birthday if there are spaces available.
- School skills and Kindergarten readiness will be introduced in *ALL* classes.
- All children must be toilet trained by the start of the program, and may not be wearing diapers or pull-ups.
- The ratio is 10 children per teacher.
- Additional program and registration information is included in the registration packet.



**Join us at an Open House**  
Check out our classroom and meet our teachers!

**Tuesday, March 3, 2015**  
6:00- 7:00pm

**Held at our classroom**  
Creative Playtime Preschool  
1075 Main Street, Lower Level



Registration packets are available at the Parks & Recreation office or online at  
[www.newingtonct.gov/parksandrec](http://www.newingtonct.gov/parksandrec)

**Please call 860-665-8666 for more information!**  
**\*Ask about our Flex Day Program!!\***



# Creative Playtime Preschool Program

Our convenient program schedule allows you to register only for the times and days that you choose. You can register for one day per week or all five! Choose the morning or afternoon program, or register your child for our full day program. We also offer a Flex Day program, which gives you the opportunity to sign your child up for an additional program when you need extra care.

Our affordable fees make our program a great value. Creative Playtime Preschool is an economical choice that provides an enriching, nurturing and stimulating environment for children to learn, socialize and play.



## DAILY PROGRAM SCHEDULE

### Morning Program

**9:30 - 11:45 a.m.**

**9:30 - 10:30 a.m.** Teacher-directed projects, snack time and free-play activities (dramatic play, puzzles, blocks, fine and gross motor activities).

**10:30 - 11:00 a.m.** Clean-up time, calendar, weather check, pledge to the flag, theme of the day and teacher-directed learning.

**11:00 - 11:45 a.m.** Story time and outdoor play.

### Afternoon Program

**12:15 - 2:30 p.m.**

**12:15 - 1:15 p.m.** Teacher-directed projects, snack time and free-play activities (dramatic play, puzzles, blocks, fine and gross motor activities).

**1:15 - 1:45 p.m.** Clean-up time, calendar, weather check, pledge to the flag, theme of the day and teacher-directed learning.

**1:45 - 2:30 p.m.** Story time and outdoor play.

### Full Day Program

**9:30 a.m. - 2:30 p.m.**

This option combines the morning and afternoon programs and includes our lunch bunch program, a supervised 30 minute lunch period.

Please send your child with a healthy, nut-free and nut oil-free lunch.

## 2015 - 2016 PROGRAM DATES

- **Mondays: September 21st - May 23rd** (no class 10/12, 12/28, 1/18, 2/15, 4/18)
- **Tuesdays: September 8th - May 31st** (no class 12/29, 2/16, 4/19)
- **Wednesdays: September 2nd - June 1st** (no class 9/23, 11/11, 11/25, 12/23, 12/30, 4/20)
- **Thursdays: September 3rd - June 2nd** (no class 11/26, 12/24, 12/31, 4/21)
- **Fridays: September 4th - June 3rd** (no class 11/27, 12/25, 1/1, 2/12, 3/25, 4/22)

## 2015 - 2016 PROGRAM FEES

ID:	DAYS	FEES	25% Deposit Due at Time of Registration (Non-Refundable)	
<u>10155</u>	Monday Mornings	\$453.38 (31 classes)	\$113.30	<b><u>Mondays Full Day</u></b>
<u>10156</u>	Monday Lunch Bunch	\$100.75 (31 classes)	\$ 25.19	\$1,007.51
<u>10157</u>	Monday Afternoons	\$453.38 (31 classes)	\$113.30	Deposit: \$251.88
<u>10158</u>	Tuesday Mornings	\$526.50 (36 classes)	\$131.63	<b><u>Tuesdays Full Day</u></b>
<u>10159</u>	Tuesday Lunch Bunch	\$117.00 (36 classes)	\$ 29.25	\$1,170.00
<u>10160</u>	Tuesday Afternoons	\$526.50 (36 classes)	\$131.63	Deposit: \$292.50
<u>10161</u>	Wednesday Mornings	\$497.25 (34 classes)	\$124.31	<b><u>Wednesdays Full Day</u></b>
<u>10162</u>	Wednesday Lunch Bunch	\$110.50 (34 classes)	\$ 27.63	\$1,105.00
<u>10163</u>	Wednesday Afternoons	\$497.25 (34 classes)	\$124.31	Deposit: \$276.25
<u>10164</u>	Thursday Mornings	\$526.50 (36 classes)	\$131.63	<b><u>Thursdays Full Day</u></b>
<u>10165</u>	Thursday Lunch Bunch	\$117.00 (36 classes)	\$ 29.25	\$1,170.00
<u>10166</u>	Thursday Afternoons	\$526.50 (36 classes)	\$131.63	Deposit: \$292.50
<u>10167</u>	Friday Mornings	\$497.25 (34 classes)	\$124.31	<b><u>Fridays Full Day</u></b>
<u>10168</u>	Friday Lunch Bunch	\$110.50 (34 classes)	\$ 27.63	\$1,105.00
<u>10169</u>	Friday Afternoon	\$497.25 (34 classes)	\$124.31	Deposit: \$276.25

Full Day Savings!  
See below for details!

## Full Day Savings! Save up to \$400 off!!

Register your child for one full day and receive \$100 off your total tuition bill for each additional full day your child is registered for! Up to \$400 discount applied available per child. Child must be registered prior to the beginning of the school year. So, register for:

\*Two full days—receive \$100 off your total tuition bill

\*Three full days—receive \$200 off your total tuition bill

\*Four full days—receive \$300 off your total tuition bill

\*Five full days—receive \$400 off your total tuition bill.

# Youth Programs...

## Music Together *Ages newborn to 5 years*

Music Together® is an innovative, thoroughly researched approach to early childhood music education and is based on the premise that all children are inherently musical. Music Together is committed to helping families rediscover the pleasure and value of musical activity by providing children with new opportunities to experience and express themselves musically alongside their most important role models: their parents, caregivers and teachers.

**Instructor:** *Wednesdays: Jessica Nevins*

*Tuesdays & Saturdays: Sue Freese*

**Location:** *Mortensen Community Center Romano Room*

**Fee:** **Tuesday, Wednesday or Saturday class:** \$165 (Fee include CD and all materials. Fees remain the same for non-residents. Infants under 8 months are free with a registered sibling. \$75 for each additional sibling registered for same class.)



ID:	Time	Dates
10228	4:30 - 5:15 PM	Tuesdays, March 31 - June 9 (10 classes, no class 4/14)
10229	9:30 - 10:15 AM	Wednesdays, April 1 - June 10 (10 classes, no class 4/15)
10230	10:30 - 11:15 AM	Wednesdays, April 1 - June 10 (10 classes, no class 4/15)
10231	8:30 - 9:15 AM	Saturdays, April 4 - June 6 (10 classes)
10232	9:30 - 10:15 AM	Saturdays, April 4 - June 6 (10 classes)

## Help Us Keep Our Programs Healthy

If your child is sick, please be courteous to other children in their program, as well as the program's instructor, by keeping your child home until he/she is feeling better.

For the safety of all of our program participants this season, our instructors will have the right to send any visibly ill children home from any program at their discretion.



## Dance Classes *Ages 2—8*

Your child will love to participate in this wonderful dance experience! These classes are a great way to introduce your child to ballet, creative movement and hip hop. They will learn creative ways to express themselves through music, dance & movement in a fun and social environment. Please be aware that parents are asked to wait outside the classroom during dance classes. Please send your child with comfortable, lightweight clothing.

**Instructor:** *Janet Arnold*

**Location:** *Mortensen Community Center Romano Room*

**Fee:** \$48 for residents / \$60 for non-residents



ID:	Ages	Class	Time	Dates
10233	2 - 4	Ballet/Creative Movement	1:15 - 2:00 PM	<b>Saturdays, April 4 - May 30</b> (8 classes, no class 5/16)
10234	4 - 6	Hip Hop	2:00 - 2:45 PM	
10235	2 - 4	Ballet/Creative Movement	2:45 - 3:30 PM	
10236	5 - 8	Ballet	3:30 - 4:15 PM	
10237	2 - 4	Ballet/Creative Movement	4:15 - 5:00 PM	

## Jumpin' Gym Daze

*Ages 12—36 Months with Parent*

You and your toddler will enjoy this fun-filled program in the gym. The first half of each class will be an unstructured opportunity for free play, while the second half of the class will offer supervised and directed games and activities. This is a great class to give your child a chance to play and interact with children of the same age. It is also a chance for parents to socialize and interact with other parents. We'll roll out the balls, hoops, and tunnels, and you roll out the fun!

**Instructor:** *Christine Gomes*

**Location:** *Mortensen Community Center  
Gymnasium*

**Fee:** \$39 for residents / \$49 for non-residents

ID:	Time	Dates
10238	9:30 - 10:15 AM	Wednesdays, April 1 - May 27 (8 classes) (no class 4/15)
10239	10:30 - 11:15 AM	Wednesdays, April 1 - May 27 (8 classes) (no class 4/15)

## Mornin' Munchkins

*Ages 12—36 Months with Parent*

This is a fun, social experience for both parent and toddler. Activities include music, movement, story time, special play balls, bubbles and arts & crafts, not to mention meeting lots of friends. This class offers parents and grandparents the opportunity to get creative, bond and interact with their youngster in a group environment. It's a great class for those looking to socialize with other parents.

**Instructor:** *Loralyn Callahan*

**Location:** *Mortensen Community Center  
Romano Room*

**Fee:** \$45 for residents / \$56 for non-residents

ID:	Time	Dates
10240	9:30 - 10:15 AM	Mondays, March 30 - June 1 (8 classes) (no class 4/13, 5/25)
10241	10:30 - 11:15 AM	Mondays, March 30 - June 1 (8 classes) (no class 4/13, 5/25)



# Youth Art Programs...

## Children's Art Explorers Grades K - 5

Each week provides a different opportunity to EXPLORE ART with endless imagination and use a wide variety of materials. Artists will design spectacular dragons with fabric and foam, sculpt colorful unicorns and other animals with clay, paint their very own treasure chest and more. Classes are designed to encourage creative thinking skills and utilize fine motor skills while having lots of fun! All supplies are provided. Children should wear a smock or old clothes.

*Instructor: Fran Judycki*

*Location: MCC Arts & Crafts Room*

*Fee: \$28 for residents / \$35 for non-residents*

ID:	Time	Dates
10251	6:30 - 7:30 PM	Tuesdays, March 31- April 28 (4 classes, no class 4/14)



## Children's Painting Party Grades K - 5

Artists will be experimenting and using very unusual materials to paint with. Brushes that are made from nature, a food that creates texture, a technique that looks like stained glass, and a couple more secret things! Create your own personal masterpieces - spring birds, monsters, landscapes and more on canvas, paper and wood. Explore, discover and produce amazing paintings that glow, shimmer and describe your own visual language! Bring your imagination! All supplies are provided. Children should wear a smock or old clothes.

*Instructor: Fran Judycki*

*Location: MCC Arts & Crafts Room*

*Fee: \$24 for residents / \$28 for non-residents*

ID:	Time	Date
10252	10:00 AM - 12:00 PM	Saturday, April 25 (one class)



## Children's Sculpture Party Workshop Grades K-5

Wow - this course is jam-packed with fun! Create amazing realistic and abstract sculptures by investigating form, observing size, textures and shapes. Working with clay, wire, paper, pasta, ribbon and more to create abnormal animals, neon vehicles, floral explosions and more! Students will expand their creative imaginations and fine motor skills while having a blast! All supplies are provided. Children should wear a smock or old clothes.

*Instructor: Fran Judycki*

*Location: MCC Arts & Crafts Room*

*Fee: \$24 for residents / \$28 for non-residents*

ID:	Time	Date
10253	10:00 AM - 12:00 PM	Saturday, May 2 (one class)

## APRIL VACATION PROGRAMS

### Let's Gogh Art-Ventures Grades K - 5

Let's Gogh Art is passionate about inspiring children to reach beyond and create art that is uniquely their own. Participants will learn about real artists, their vision of the world and the materials and techniques they use or used. Think about famous artists like Picasso, Matisse, van Gogh, Homer and more. During these art-packed mornings, participants will explore canvas art, painting, drawing, tie dying, decoupage, collage, stained glass, beading, sculpting, fabric art and more. Two or more treasured works of art are brought home each day. **Please send your child each day with a nut-free snack and a drink.**

*Instructor: Let's Gogh Art staff*

*Fee per workshop: \$35 for residents / \$43 for non-residents*

*Location: MCC Arts & Crafts Room*



### Robots Eat Ice Cream with Let's Gogh Art

Paint ceramic robot banks with shiny metallic colors. Then learn about textures and print-making by using a surprising array of everyday objects to create colorful ice cream collages. Finally, design robots using miscellaneous metal hardware.

ID:	Time	Date
10170	9AM - 12PM	Monday, April 13

### It's Raining, It's Pouring with Let's Gogh Art

But nobody's snoring in this exciting springtime art-venture! Decorate real umbrellas with colorful, waterproof inks, sculpt birds out of neon clay and create cool umbrella collages with decorative papers. Rain or shine, everyone will have a blast.

ID:	Time	Date
10171	9AM - 12PM	Tuesday, April 14

### Silly Cities and Wiggly Waves with Let's Gogh Art

In this cross country art-venture, don't just admire the scenery... Create it! Travel to the countryside to design model houses with mosaic roofs. Then grab oil pastels and build 3D cityscape collages. Finally, paint ocean waves that crash right over the edge of the stretched canvases.

ID:	Time	Date
10172	9AM - 12PM	Wednesday, April 15

### Clowning Around with Let's Gogh Art

Ladies and gentlemen, boys and girls... welcome to the art circus! Paint and decorate shimmering wood carousel horses; design goofy clown or acrobat toys with long, bendy legs; and draw colorful balancing acts with jugglers, elephants, tightropes and unicycles!

ID:	Time	Date
10173	9AM - 12PM	Thursday, April 16

# Youth Sports & Fitness...

## Gymnastics *Ages 2 and up*

A wonderful opportunity to learn the art of gymnastics! Participants will learn gymnastic skills according to their ability level. Activities include warm-ups, floor exercises, and use of gymnastic equipment. Participants should wear leotards, warm-ups, or shorts and a t-shirt. For the Parent and Tot class, children must be 2 years old when class begins in order to participate.

*Instructor: New England Gymnastics Express Staff*

*Location: New England Gymnastics Express—136 Day St, Newington*

*Fee: \$79 for residents / \$98 for non-residents*

ID:	Time	Dates
<b>Parent and Tot: Ages 2 - 3 1/2 with Parent</b>		
10242	1:00 - 1:40 PM	Mondays, March 30 - May 18 (7 classes, no class 4/13)
<b>Preschool: 3 1/2—5 years old</b>		
10243	1:45 - 2:25 PM	Mondays, March 30 - May 18 (7 classes, no class 4/13)
<b>Beginner: Kindergarten - 2nd Grade</b>		
10244	6:00 - 6:45 PM	Tuesdays, March 31 - May 19 (7 classes, no class 4/14)
10245	6:00 - 6:45 PM	Thursdays, April 2 - May 21 (7 classes, no class 4/16)

## Tennis Lessons *Ages 7-12*

The Parks & Recreation Department, in conjunction with the Newington Tennis Center, is offering tennis lessons for children of all ability levels. Children learn the basics while gaining cardiovascular fitness and coordination. Topics include forehand, backhand, volley, serve and overhead. Racquets will be provided. Just bring your enthusiasm and sneakers and get involved in the game of a lifetime. *\*Please note that participants must register by the Wednesday prior to the first day of the session.*

*Instructors: Newington Tennis Center Staff*

*Location: Newington Tennis Center, 60 Prospect Street*

*Fee: \$99 per session / Fee remains the same for non-residents*

ID:	Time	Dates	Fee
10071	4:00 - 5:00 PM	Sundays, March 8 - April 19 1 (6 classes, no class 4/5)	\$99
10246	4:00 - 5:00 PM	Sundays, April 26 - June 7 (6 classes, no class 5/24)	\$99



## USTA Play Day *Grades K-8*

Play Days are a great introduction to the game of Tennis for beginners and a fun day for players of all levels. Play Days let kids experience the thrill of competition without the pressure. Kids are introduced to competition in a low-pressure setting where the emphasis is on fun. Play Days allow kids to play quick matches with others of similar age and skill. Kids will also participate in instructional drills and games to improve their skills! So grab your racquet, your friends and come join us! Pre-registration is required.

*Instructors: Miguel Garcia, USTA Tennis Professional and volunteers*

*Location: NHS Tennis Courts*

ID:	Time	Dates	Fee
10280	12:30 - 2:30 PM	Saturday, May 2 (one class)	\$5 for residents / \$8 for non-residents
12 10281	11:30 AM - 1:30 PM	Sunday, June 7 (one class)	\$5 for residents / \$8 for non-residents



## The First Tee of CT PLAYer Instructional Golf Program *Ages 7-12*

The Parks & Recreation Department, in conjunction with The First Tee of Connecticut, is offering golf instruction for children of all ability levels.



### The PLAYer Program

The PLAYer Level introduces participants to The First Tee's Nine Core Values, Nine Healthy Habits and Code of Conduct and focuses on learning the game of golf and its rules and etiquette. Students will participate in on-course activities with four main focuses, PLAY, LEARN, APPRECIATE and YOUR GAME. The PLAYer Program provides an avenue for coaches to engage participants in a seamless introduction to The First Tee Code of Conduct, etiquette and the Rules of Golf while playing a game - the game of golf. Participants immediately gravitate to the activities, and as a result, the rate at which they comprehend the material is exceptional. All participants new to The First Tee must enter through the Player Level. Clubs are available for use or participants may bring their own. For more information, please visit [www.thefirstteect.org](http://www.thefirstteect.org). Spaces are limited.

*Instructors: The First Tee Instructors*

*Location: Thursday Program held at Learning Links at TPC River Highlands in Cromwell  
Saturday Program held at Goodwin Park in Hartford*

*Fee: Fees are listed below. Fees remain the same for non-residents.*

ID:	Time	Dates	Fee
<b>Goodwin Park</b>			
10247	12:30 - 1:50 PM	Saturdays, April 11 - June 6 (7 classes, no class 5/16, 5/23)	\$35
<b>Learning Links at TPC River Highlands</b>			
10248	5:30 - 6:50 PM	Thursdays, April 16 - May 28 (7 classes)	\$49

Program Information &  
Cancellation Hotline:  
**860-665-8686**



# Youth Sports & Fitness / Teen Programs ...

## Girls in Stride *For girls ages 6-14*

Imagine the thrill your daughter will feel as she crosses the finish line in her first race. This dynamite training program will prepare your daughter for the Celebrate West Hartford Road Race on Sunday, June 7, 2015. This non-competitive training program is designed for all levels of runners. Help your daughter gain confidence, build self-esteem, and lead her to a path of health and fitness. Focus will be on using games and drills that make running fun, while also improving athletic performance for those who play other sports. As part of the program, the girls will be exposed to goal setting, journaling of training, nutrition and mental preparation. **Program fee includes a t-shirt and training journal.** Race registration is **not** included in the program fee. For more information, visit [www.girlsinstride.com](http://www.girlsinstride.com).



*Location: Mill Pond Park (In case of inclement weather, program will be held indoors in Mortensen Community Center Gymnasium)*  
*Instructor: Girls in Stride Instructors*

ID:	Time	Date	Fee
10258	5:00 - 6:00 PM	Thursdays, April 23 - June 4 (7 weeks)	\$79 for residents \$89 for non-residents

## 7th & 8th Grade Dances

Dances are open to Newington students only. Includes DJ, music, supervision and dancing. Students **must show their school ID at the door** or a parent/guardian must be present to sign the student in - **there are absolutely no exceptions.** No backpacks and no re-entry once admitted. Those dressed in offensive or provocative clothing will not be admitted. Tickets will be sold at the door. The fee is \$5.00 per student and a non-perishable food donation. Refreshments will be available for sale. Dances are held from 7:00 - 10:00 PM at the Mortensen Community Center Gymnasium.

SAVE THE DATE FOR THE LAST DANCE OF THE  
2014-2015 SCHOOL YEAR :

**Friday, March 27, 2015**

## Girls' Basketball Skills Clinic *Grades 5 - 8*

Newington High School Girls' Varsity Basketball Coach Rick Bangs offers this basketball clinic designed for players who want to improve their individual and team skills while learning fundamentals, fitness and having fun. Topics include ball handling, shooting mechanics, defense and rebounding. There is a maximum of 30 participants in each program.



*Staff: Rick Bangs*

*Location: John Wallace Middle School*

*Fee: \$60 for residents / fee remains the same for non-residents*

ID	Time	Dates
<b>Grades 5 &amp; 6</b>		
10249	5:30 - 6:30 PM	Wednesdays, April 22 - May 20 (5 classes)
<b>Grades 7 &amp; 8</b>		
10250	6:40 - 7:40 PM	Wednesdays, April 22 - May 20 (5 classes)

## Teen Center *Grades 7 - 12*

*Fridays, 7:00 - 10:00 PM*

*November 14, 2014 - March 20, 2015*

The Newington Teen Center has been in operation since the early 1970's and provides a safe, drug and alcohol free environment where there is a multitude of recreational activities available. Our fully staffed activities help to facilitate positive social interaction and include basketball, pool tables, ping pong, Nintendo Wii, PS2, air hockey, foosball, and more. The Teen Center is open to Newington residents and those attending Newington schools. To become a member, teens must fill out a registration form available at the Teen Center. There is no membership fee! Teens will only pay the nightly fee of \$5.00. On the nights of 7th & 8th grade dances (listed at left) the Teen Center is only open to teens in 7th & 8th grades. Other closings may occur and signs will be posted. The Teen Center may close early on evenings when less than 10 teens attend - refunds will not be given if this occurs. Please contact Newington Parks & Recreation for details about any of our Teen Center programs at 860-665-8666.

## Teen Center Facility Rentals *Ages 7 - 18*

Why not rent out the Teen Center for your next birthday or team party? The Teen Center facility can be rented out on Saturdays or Sundays from 11:00 a.m. until 8:00 p.m. from September through May. The Teen Center is located in the Mortensen Community Center and has a pool table, foosball table, ping pong table, and air hockey, with plenty of space for a piñata or refreshments. The facility rental fee is \$30 per hour for residents and \$40 per hour for non-residents. An additional \$25 security deposit is required at the time your reservation is made. Reservations must be made a minimum of one week in advance, but for best availability we recommend as much notice as possible. Limit: 30 guests.



# Adult Programs...

## The Art of T'ai Chi

T'ai Chi is not only a form of exercise, but a cultural art that leads you on the path to mental, physical, and spiritual fitness. This art form is used to promote health and tranquility by releasing the natural energy of the body. T'ai Chi helps maintain good Chi energy with gentle, fluid movements.

*Instructor: Ken Zaborowski*

*Location: Mortensen Community Center Romano Room*

*Fee: \$68 for residents / \$85 for non-residents*

ID:	Class	Time	Dates
10282	Mixed Levels	5:30 - 6:30 PM	Mondays, March 30 - June 15 (11 classes, no class 5/25)

## Intro to Kayak *Ages 13 - adult*

Enjoy nature up close in our beautiful waterways. This course is for those who want a more in-depth start, or a tune-up of basic skills. Topics covered will include boat design/materials, paddle/pfd and equipment selection. The basic strokes and maneuvers that are covered are; paddling forward, backward, turning, bracing to prevent capsize and what to do in an emergency. Use of kayaks, personal floatation device and paddles are included. Taught on flatwater in Collinsville, CT.

*Location: Collinsville Canoe & Kayak - Collinsville, CT*

*Fee: \$65 for residents / fee remains the same for non-residents*

ID:	Time	Date
10283	10:30 AM- 1:30 PM	Saturday, June 13 (one class)

## One-Day Connecticut Safe Boating and Personal Watercraft Certification

*Ages 12 - adult*

A complete basic safe boating certification course taught in one (8 hour) day. Successful completion will allow the student to obtain a Connecticut Certificate of Personal Watercraft Operation, which enables them to operate recreational vessels up to 65 feet in length including Jet Skis. An easy to understand classroom format is designed for students age 12 and over. PRIOR TO TAKING THIS CLASS each student should create an account online at [ct.outdoorcentral.net](http://ct.outdoorcentral.net), and click the START button. Create an account if you don't already have one, and then print the page that includes your Conservation ID number and bring it to class. Once we have entered your score in the DEEP system you will use your account to purchase & print the certificate after the class. Students should bring a pen or pencil to class.

*Instructor: Professional Marine Education staff*

*Location: Mortensen Community Center Teen Center*

*Fee: \$65 for residents / \$75 for non-residents*



ID:	Time	Dates
10134	8:30 AM - 4:30 PM	Sunday, March 22 (one class)

## Reasons to Register Early!

Many classes are very popular and people know that in order to get a spot, they need to register early.

But there are also reasons to register early for classes that don't usually fill up. All of our classes are intended to be self-supporting and we must reach minimum enrollment for a class to run. There is a point (usually about one week before a program starts) that a program must be cancelled if there aren't enough people registered. Very often, people register after a program has been cancelled and if they had registered earlier, the program would have run.

All of our programs require a high level of coordination, often including facility scheduling, staffing and purchasing of supplies. So, if there's a program that you or your child are interested in...

## Please Register Early!

## Oil Painting: Seascapes & Landscapes

This course is designed for beginners through advanced. Learn new palette knife and brush techniques, how to create atmospheric perspective, mood, texture and more. Choose from a famous artist that excites you - Hopper, Parrish, Church, Monet, Richards, Turner and more! All skills will be explained and demonstrated. This course will be a fun opportunity to try a new painting style! Please call the Parks and Recreation Department at 860-665-8666 for a supply list prior to the first class. Wearing a smock or old clothes is suggested.

*Instructor: Fran Judycki*

*Location: Senior & Disabled Center Arts & Crafts Room*

*Fee: \$52 for residents / \$65 for non-residents*

ID:	Time	Dates
10284	6:15 - 8:00 PM	Mondays, April 6 - May 11 (6 classes)

## Line Dancing

Line dancing isn't just country/western anymore! It could be anything from a waltz to a cha-cha. You will learn some of the most popular dances. No partner is needed, it's fun, great exercise and just a few classes will free the dancer in you.

*Instructor: Wendy Nielsen*

*Location: Senior & Disabled Center Ceramics Room*

*Fee: \$56 for residents / \$70 for non-residents*



ID:	Time	Dates
10285	5:30 - 6:30 PM	Mondays, March 30 - June 15 (11 classes, no class 5/25)



## Indian Hill Country Club



### Resident Information

Newington residents are able to play golf at Indian Hill on specific days of the week by purchasing a resident membership card (see rates below). The Resident Card may be purchased from the Indian Hill office or Golf Shop, annually. Proof of age and residency is required. All fees may be paid by cash or check.

Newington Regular Resident Cards:	\$25
Newington Senior (62+) Resident Cards:	\$50
USGA Handicap Service (optional):	\$25

### Times for Resident Play

Saturdays: 2:00pm – Dusk

Sundays: 1:30pm – Dusk

Mondays\* : 8:00am - Dusk

*\*Seniors pay no Greens Fees on Mondays*

Tuesdays: 7:30am – 10:00am & 5:30pm – Dusk

### 2015 Golf Rates

Resident Greens Fee	Golf Cart Fees	Guest of a Resident
9 Holes (walking) - \$20	9 Holes - \$9	9 Holes (walking) - \$22.50
18 Holes (walking) - \$37	18 Holes - \$18	18 Holes (walking) - \$45

Please call Indian Hill for more information:  
(860) 666-5447 or (860) 665-7817

## Beginner Ladies Golf Clinic

Are you ready for some fun? Get Golf Ready is a fun and affordable golf instruction program for people with little or no golf experience. The Get Golf Ready program is a series of five introductory lessons conducted by PGA Professionals in a small-group environment.



The five lessons featured in the Get Golf Ready program will provide basic skills instruction as well as information regarding the game's rules, etiquette and values. Significant on-course learning opportunities will also be a part of each lesson. Overall, participants will gain insight into techniques regarding chipping, putting, full swing and bunker play as well as the fundamental guidelines regarding the use and maintenance of golf equipment, keeping score and navigating the course, among others.

For more information about the program, please call 860-666-5447.

*Instructor: PGA Golf Professionals Wayne Smyth and Adam D'Amario*

*Location: Indian Hill Country Club, 111 Golf Street*

*Fee: \$99 for residents / fee remains the same for non-residents*

ID:	Time	Dates
10282	6:00 - 7:30 PM	Thursdays, April 30 - May 28 (5 classes)

Program Information &  
Cancellation Hotline:  
**860-665-8686**



## Women's Softball League (18+)

The Women's Softball League runs from early May until mid-August (Monday & Wednesday). We are looking to expand our Women's League that currently has teams from Newington and Wethersfield. League fees will be approximately \$650 per team. Teams that participated last season need to contact the Parks & Recreation office by March 6th if interested in returning.



## Men's Softball League (18+)

The Men's Softball League runs from early May until late August (Monday through Friday). The League consists of approximately 20 teams. Players must live in Newington to be eligible to play. League fees are approximately \$975 per team. Teams that participated last season need to contact the Parks & Recreation office by March 6th if interested in returning. After March 6th, new teams meeting the eligibility requirements will be considered for participation in the league.

**If you are interested in getting a team in either the Men's or Women's Softball League, or playing on an existing team, please contact the Parks & Recreation office at [kgallicchio@newingtonct.gov](mailto:kgallicchio@newingtonct.gov)**

## Mortensen Community Center Gym Rentals



The Parks and Recreation Department offers rentals of the Mortensen Community Center Gymnasium throughout the fall, winter and spring seasons. Rental availability is limited due to programming demands. The fee is \$30 per hour for residents and \$40 per hour for non-residents. Reservations must be made a minimum of one week in advance, but for best availability we recommend as much notice as possible.

If you are interested in renting the Mortensen Community Center Gymnasium, please contact the Newington Parks and Recreation Department at 860-665-8666.

# Adult Fitness...

## Superhero Fitness

Was your childhood dream to be a superhero? Well whose wasn't! Here is your chance to get buff like Batman and fast like the Flash. This class will hone your lightening-fast reflexes, improve your super human strength, and refine your flying skills. Spandex not provided. Participants should come dressed in their own costume. Results may vary for all participants.



**Instructors:** Robert Bruce Banner, Selina Kyle and Peter Parker  
**Location:** MCC rooftop launchpad  
**Fee:** \$10 for residents / fee remains the same for non-residents

ID:	Time	Date
040115	12 AM - 6 AM	Wednesday, April 1 (one class)

## Tennis In No Time

'Tennis In No Time' is a crash course in tennis for all beginners. You will be surprised at how quickly you can learn the game using innovative teaching techniques. *\*Please note that participants must register by the Friday prior to the first day of the session.*



**Instructors:** Newington Tennis Center Staff  
**Location:** Newington Tennis Center, 60 Prospect St.  
**Fee:** \$99 for residents / fee remains the same for non-residents

ID:	Time	Dates
10075	6:00 - 7:00 PM	Tuesdays, March 10 - April 14 (6 classes)
10263	6:00 - 7:00 PM	Tuesdays, April 21 - May 26 (6 classes)

## Hi/Lo Aerobics

Get moving! This fun aerobics class includes kickboxing, funk and salsa moves that will leave you feeling more energetic and healthy. Challenge yourself while building strength and endurance. Bring a set of hand weights.

**Instructor:** Laura Campbell  
**Location:** Senior & Disabled Center Auditorium

ID:	Time	Dates	Fee
10264	6:30 - 7:30 PM	Mondays, March 30 - June 15 (11 classes, no class 5/25)	\$44 for residents \$55 for non-residents
10265	6:30 - 7:30 PM	Wednesdays, April 1 - June 17 (11 classes, no class 4/22)	\$44 for residents \$55 for non-residents

**Register for both Hi/Lo classes and save \$5!**  
**Residents: \$83! Non-Residents: \$105!**

## Power Cardio

Blast into shape with this 60-minute, high-energy Boot Camp style workout that interchanges short bursts of cardio with longer workout periods that combine kickboxing, sports drills and calorie-crunching calisthenics. Classes will go outdoors when the weather permits. Instructor will encourage you to give your 100% effort at all times. For all fitness levels.

**Instructor:** Laura Campbell  
**Location:** Mortensen Community Center Gymnasium  
**Fee:** \$45 for residents / \$56 for non-residents

ID:	Time	Dates
10266	5:45-6:45 PM	Tuesdays, April 21 - June 16 (9 classes)

## Zumba

Love music, love to dance? Need a workout that will keep you from getting bored and falling off the workout wagon? Then Zumba may be for you! Zumba is a Latin-inspired, dance fitness class that incorporates Latin and International music and dance movements. The class format combines fast and slow rhythms that tone and sculpt the body in the aerobic/fitness fashion. It's for all ages, and it's an easy and effective form of exercise. You'll enjoy this class with fun music, body firming routines, and then you'll see why Zumba is a popular way to exercise!

**Location:** All classes at Senior & Disabled Center Auditorium, EXCEPT class on Thursday, 4/30 will be held in the Mortensen Community Center Gymnasium

**Instructor:** Mondays: Cristina Tsombanos  
 Thursdays: Mary Woods



ID:	Dates	Time	Fee:
10267	Mondays, March 30 - June 15 (11 classes, no class 5/25)	5:15 - 6:15 PM	\$55 for residents \$68 for non-residents
10268	Thursdays, April 2 - June 18 (12 classes)	5:30 - 6:30 PM	\$60 for residents \$74 for non-residents

## Tone Aerobics

This low-impact aerobics class is a great way to start your morning. Emphasis is placed on strengthening and toning muscles while improving cardiovascular fitness. Participants should bring an exercise mat or towel and a set of hand weights.

**Instructor:** Sandy Rovelli  
**Location:** Senior & Disabled Center Auditorium  
**Fee:** Tuesdays: \$48 for residents / \$60 for non-residents  
 Thursdays: \$48 for residents / \$60 for non-residents

ID:	Time	Dates
10269	9:15 - 10:15 AM	Tuesdays, March 31 - June 16 (12 classes)
10270	9:15 - 10:15 AM	Thursdays, April 2 - June 18 (12 classes)

**Register for both classes and SAVE \$5!**  
**Residents: \$91! Non-Residents: \$115!**



# Adult Yoga and Pilates Classes...

## Mat Pilates

Pilates is an exercise option for everyone designed to develop a strong core while maintaining loose, limber limbs. The exercises provide variations to meet the needs of different body types. The exercises strengthen the body while keeping joints mobile and flexible. You'll feel your muscles working and probably break a sweat. Please bring a yoga mat and water to every class.

**BEGINNER:** Focus on the basic principles of Pilates to start strengthening core muscles (stomach, back and glutes) and improve balance and coordination between the body's limbs.

**INTERMEDIATE:** Continues to strengthen the core muscles by using more challenging poses that work the core muscles in more challenging positions. This class moves through the exercises at a faster pace.

*Instructor:* Maggie Downie  
*Location:* Senior & Disabled Center Rooms A & B  
*Fee:* Residents: \$102 / Non-Residents: \$127

ID:	Class	Time	Dates
10254	Beginner	5:30-6:30 PM	Wednesdays, April 1 - June 17
10255	Intermediate	6:30-7:30 PM	(12 classes)

## Bar Physique

Bar Physique is a unique total body workout that focuses on small, controlled movements combined with low-impact but heart-pumping bursts of leg work to define and tone long, lean muscles. With a combination of muscle work and stretching, this program creates lean, flexible sculpted arms, flat abs, and a lifted seat! You'll be targeting every muscle in the body. A challenging, safe and effective workout set to dynamic music using props such as balls and bands. Please bring a mat and water and 1 to 3 lb handweights.

*Instructor:* Donna Valente  
*Location:* Senior & Disabled Center Rooms A & B  
*Fee:* Mondays: \$77 for residents / \$96 for non-residents  
 Thursdays: \$84 for residents / \$105 for non-residents

ID:	Time	Dates
10256	5:30-6:15 PM	Mondays, March 30 - June 15 (11 classes, no class 5/25)
10257	5:30-6:15 PM	Thursdays, April 2 - June 18 (12 classes)

## Yoga Classes

Discover the many benefits of yoga for yourself: decreased stress, greater flexibility, better concentration and more. Yoga is designed to draw us out of stress and anxiety and into our natural state. Find out what Yoga is all about! Sticky yoga mats are required, and yoga blankets are highly recommended.

*Location:* Mortensen Community Center Romano Room  
*Fee:* listed below

ID:	Class	Time	Dates	Fee
10259	Mixed Levels Yoga with Karen Sevenoff	6:00 - 7:15 PM	Tuesdays, March 31 - June 16 (12 classes)	\$72 for residents \$90 for non-residents
10260	Mixed Levels Yoga with Lisa Jones	6:00 - 7:15 PM	Wednesdays, April 1 - June 17 (12 classes)	\$72 for residents \$90 for non-residents
10261	Beginner Yoga with Cynthia Wolcott	5:45 - 7:00 PM	Thursdays, April 2 - June 18 (12 classes)	\$72 for residents \$90 for non-residents

## Yoga Class Descriptions

**BEGINNER YOGA** This class is tailored to the needs of the beginning yoga student. A significant amount of time will be spent teaching various pranayama (breathing techniques) and asana (postures), building from the foundation up. Non-beginners who are comfortable with a slower pace are also welcome!

**MIXED LEVELS** This class is the right place for those wanting to explore the edges of their yoga practice a bit deeper. Though not suitable for absolute beginners, it might be the place for you if you have some familiarity with yoga postures and want to move up a level. Modifications will be shown for various levels of practitioners from advanced beginners through intermediate.

## Core Balance

This functionally fun class will promote core awareness by strengthening the core muscles. You will work on balancing while using a flexband and your own body weight. This class will help improve your range of motion, posture and balance, while increasing flexibility. Please bring a mat and water to class.

*Instructor:* Personal Euphoria staff  
*Location:* Senior & Disabled Center Rooms A & B

ID:	Time	Dates	Fee
10262	6:30 - 7:15 PM	Mondays, March 30 - June 15 (11 classes, no class 5/25)	\$77 for residents / \$96 for non-residents

All participants in our adult fitness programs must be 16 years of age or older, except where noted otherwise.

# Programs for Older Adults...

## Indoor Walking at Mortensen Community Center

The Mortensen Community Center Gymnasium will be open for walkers on weekday mornings throughout the Fall, Winter and Spring. This is a great way to stay in shape and keep moving! 18 laps equal a mile! Pre-registration is required and all walkers should carry an ID with them at all times. You can register at the Parks & Recreation office any time Monday through Friday from 8:30 a.m. - 4:30 p.m. **ID: 5704**

Walking is a healthy way to exercise and may help you maintain a healthy weight and reduce your risk of some diseases. Bring a friend!

**Mondays, Tuesdays, Thursdays, Fridays: 8:30 - 10:30 AM**  
(Not available on Wednesday mornings)

**\*FREE\***

*There will be no indoor walking available when Town Hall is closed.*

*Walking may be cancelled due to special events, program changes, and/or reasons beyond the control of the Parks and Recreation Department. We will make every attempt possible to keep at least half the gym available for walkers; however, there may be times when the gym is not available.*

*We apologize in advance for any inconvenience this may cause.*



## Fun-n-Fitness

An invigorating class that gets you off on the right foot. Improve stamina, strength, muscle tone and cardiovascular fitness. Bring a set of hand weights.

Instructor: Sandy Rovelli

Location: Senior & Disabled Center Auditorium

Fee: Tuesdays: \$42 for residents  
\$52 for non-residents

Thursdays: \$42 for residents  
\$52 for non-residents

ID:	Time	Dates
10271	10:20 - 11:20 AM	Tuesdays, March 31 - June 16 (12 classes)
10272	10:20 - 11:20 AM	Thursdays, April 2 - June 18 (12 classes)

Register for both classes and SAVE \$5!

Residents: \$79! Non-Residents: \$99!

## Zumba for Older Adults

This is a fun Zumba class that will utilize choreography specifically created for the older adult population. The moves are less intense than in a traditional Zumba class, and are so easy to follow that participants of any age can do it. This program will give all participants a safe and effective total body workout. Just like the regular Zumba classes, this class will be very fun and easy-to-follow. Participants in this class enjoy rhythms such as: Merengue, Salsa, Cumbia, Belly Dance, Rumba, Tango, Cha Cha, along with other fun and exciting rhythms and dances. Participants should wear comfortable clothing, appropriate footwear for a dance/exercise class and bring water.



Instructor: Mary Woods

Location: **Wednesday class** held at Mortensen Community Center Gymnasium.  
**Friday class** held at Senior & Disabled Center Auditorium EXCEPT class on 5/1 will be held in the Mortensen Community Center Gymnasium

Fee: Wednesday class: \$28 for residents / \$35 for non-residents  
Friday class: \$44 for residents / \$55 for non-residents

ID:	Time	Dates
10273	9:00 - 9:45 AM	Wednesdays, April 1 - May 13 (7 classes)
10274	10:00 - 10:45 AM	April 10 - June 19 (11 classes)

Program Information &  
Cancellation Hotline:  
**860-665-8686**

## Fitness Clinics for Older Adults

Participants will learn how to utilize the fitness equipment and safety procedures in the Fitness Center located within the Senior & Disabled Center. This class is required in order to use the Fitness Center. **Participants must register at the Senior & Disabled Center main office.** Registration is no longer accepted by the Parks and Recreation Department. For information about becoming a Senior & Disabled Center member, please call 860-665-8778.

Instructor: Sandy Rovelli

Location: Senior & Disabled Center

Fee: \$15 for residents / \$18 for non-residents

Dates	Time
Tuesday, March 10	11:30 - 1:30 PM
Tuesday, April 14	11:30 - 1:30 PM
Tuesday, May 12	11:30 - 1:30 PM
Tuesday, June 9	11:30 - 1:30 PM



Fitness Center at the Senior & Disabled Center



# Programs for Older Adults...

## Gentle Yoga

This is a very gentle yoga class with a focus on awareness, alignment and breathing as well as stretching and strengthening - suitable for anyone who wants to practice very gently: seniors, people recovering from illness, or others who want an easeful practice. Great for reducing stress and increasing awareness. Each class will begin and end with a brief meditation. Please bring a sticky mat to each class.

*Instructor: Cynthia Wolcott*

*Location: Mortensen Community Center Romano Room*

*Fee: \$26 per session for residents  
\$32 per session for non-residents*

ID:	Time	Dates
10275	10:00 - 11:00 AM	Tuesdays, March 31 - April 28 (5 classes)
10276	10:00 - 11:00 AM	Tuesdays, May 12 - June 9 (5 classes)

## Reasons to Register Early!

Many classes are very popular and people know that in order to get a spot, they need to register early. But there are also reasons to register early for classes that don't usually fill up. All of our classes are intended to be self-supporting and we must reach minimum enrollment for a class to run. There is a point (usually about one week before a program starts) that a program must be cancelled if there aren't enough people registered. Very often, people register after a program has been cancelled and if they had registered earlier, the program would have run.

So, if there's a program that you or your child are interested in...

## Please Register Early!

## Attention Class Participants:

Please do not wear your exercise sneakers to class during the winter months. We are trying to cut down on the salt, sand, snow and other ice-melting chemicals that are tracked in on the floors. Besides being a cleanliness/maintenance issue, puddles or sandy spots make the floor very slippery for participants. Please wear an alternate pair of shoes or boots, then change into your exercise shoes before class.

## T'ai Chi for Older Adults

T'ai Chi is one of the most effective exercise systems for mental and physical well-being. Emphasis is on breathing and the use of fluid, graceful and gentle movements. T'ai Chi releases tension, deepens relaxation, improves balance, increases bone density and develops muscle tone. Its gentleness is especially suitable for the elderly and people rehabilitating from illness or accident.

*Instructor: Ken Zaborowski*

*Location: Senior & Disabled Center Rooms A & B*

*Fee: \$50 for residents / \$62 for non-residents*



ID:	Class	Time	Dates
10277	Beginners	9:00 - 9:45 AM	Mondays, March 30 - June 15
10278	Intermediates	10:00 - 10:45 AM	(11 classes, no class 5/25)

## Oil Painting - Impressionism - Realism - Modern

This course is designed for beginners through advanced. Choose the painting style that excites you—Impressionism, Realism or Modern. Learn the fundamental skills of brush and knife techniques, mixing colors, value, composition and creating mood and texture. All skills will be explained and demonstrated. This course will be a fun opportunity to try a new painting style.

All returning students may continue in their own field of painting. Please call the Parks & Recreation Department at 860-665-8666 for a supply list prior to the first class. Wearing a smock or old clothes is suggested.



*Instructor: Fran Judycki*

*Location: Senior & Disabled Center Arts & Crafts Room*

*Fee: \$96 for residents / \$120 for non-residents*

ID:	Time	Dates
10279	9:15 - 11:45 AM	Tuesdays, March 31 - June 9 (11 classes)

## Golfing at Indian Hill Country Club

Did you know that resident seniors can play for free on Monday at Indian Hill Country Club? For more information, please call Indian Hill directly at (860) 665-7817.

See page 15 for more information on resident card fees, play times for residents and Indian Hill's 2015 golf rates.



# Parks & Recreation Registration Info

## OUR POLICY IS: "No News is Good News."

When registering by mail or fax, you will **NOT** be contacted unless a class is filled or there is a change. Please include a daytime phone number.

### Convenient Ways To Register...

**Fax-in:** Complete and sign the registration form. Include VISA, MasterCard or Discover credit card information. If you choose to register via fax, PLEASE call to confirm that your fax came through.

**Fax to (860) 665-8739.**

**Mail-in:** Complete and sign the registration form. Include VISA, MasterCard or Discover credit card information or make checks payable to "Newington Parks & Recreation." **Mail to: Newington Parks & Recreation, 131 Cedar Street, Newington, CT 06111.**

**Walk-in:** Register in our office, which is located in the Mortensen Community Center at Town Hall, 131 Cedar Street, Newington, CT 06111.

Walk-in office hours are:

**Monday – Friday, 8:30 AM – 4:30 PM.**

**\*Drop slot may be available after hours.**

## IMPORTANT INFORMATION

- A minimum of \$10 is required for all credit card transactions.
- If you are registering a **child under the age of 6** and they have not participated in our programs in the past, please include a copy of the child's birth certificate with the registration form. This is a one-time request.
- If the participant has any **medical concerns (allergies, asthma, etc.)** that we should be aware of, please list it on the registration form.
- If the participant has any **special needs** that we should be aware of, please complete and submit a special needs form to our office.
- Programs may be cancelled due to inclement weather. If the weather is inclement, please call our **Program Hotline: 860-665-8686** (after 4:30 PM) for the latest information.

### Reasons to Register Early

Many classes are very popular, and our participants know that in order to get a spot, they need to register early. But there are also reasons to register early for classes that don't usually fill up. There is a point (usually about one week before a program starts) that a program must be cancelled if there aren't enough people registered.

So, if you know you want to take a program...

**PLEASE REGISTER EARLY!**

## Contact Us:

### Phone:

**Voice: 860-665-8666**

**Fax: 860-665-8739**

**Hotline: 860-665-8686**

### At the Office:

**Monday - Friday**

**8:30 a.m. - 4:30 p.m.**

**131 Cedar Street**

**Newington Town Hall**

**Mortensen Community Center**

**On the Web:** [www.NewingtonCT.gov/parksandrec](http://www.NewingtonCT.gov/parksandrec)

## POLICIES & PROCEDURES

Registration is taken on a **FIRST COME - FIRST SERVED** basis. Residents may register for programs beginning Friday, March 6, 2015. All registration forms received prior to the registration start date will be processed randomly at the end of the first day of registration. The Parks & Recreation Department will try to accommodate all registrants, but some programs fill to capacity. Please specify an alternate choice on your registration form should the original class you choose be filled. The Parks & Recreation Department reserves the right to **cancel programs because of insufficient registrations** or causes beyond its control.

### Non-Residents

Non-residents are eligible to register for programs if there are openings beginning Friday, March 20, 2015. Non-residents pay an additional fee for most programs and should call for program availability prior to registering. Some programs (including swim lessons, pool passes, playgrounds/camps and others) are not available for non-residents.

### Waiting List

If your desired class is filled, you will be notified and placed on a waiting list. We will make every effort to accommodate those on the waiting list by adding classes if possible.

### Americans with Disabilities Act

The Newington Parks and Recreation Dept. does not discriminate on the basis of race, color, national origin, gender, religion, age, or disability in provision of programs and services. Individuals with disabilities are encouraged to register.

The Newington Parks and Recreation Dept. is complying with the Americans with Disabilities Act (ADA), Public Law 101336. The law addresses issues of accessibility of facilities & programs. Provisions of reasonable program modifications will be made on a case-by-case basis to allow people with disabilities to participate in and benefit from programs. Documentation of disability is required when requesting reasonable modifications.

### Refunds

Newington Parks and Recreation does not issue refunds once you have registered for a program, unless there is an injury or illness which prohibits active participation in the program and is documented by a physician. No refunds will be issued without a completed Refund Request Form accompanied by a doctor's note. Contact our office for a Refund Request Form. If a refund is granted, the amount will be pro-rated to reflect the number of classes remaining from the date the refund request form was submitted. A \$5.00 processing fee will also be deducted from any refund issued.

## Help Wanted!

The Newington Parks and Recreation Department is now accepting applications for Summer employment.. Available positions include but are not limited to: Lifeguards, Water Safety Instructors, Summer Playground Counselors, Concession Stand Attendants and Parks and Grounds Maintainers. Applications for Summer positions will be accepted until Tuesday, March 31st. All applicants must fill out a Town of Newington application, available on our website or at the Parks and Recreation office.

